

Warm-up compendium for trombone

- daily drills & ideas

by Professor Niels-Ole Bo Johansen



A catalogue of ideas

Warming up is an inevitable part of all brass players daily life and most teachers stress the importance of thinking warming up rather as daily routines than a necessary ceremony before your daily work. That means that you should get through as many different exercises as possible and build up your favourite routines.

For trombone players of all ages and skills

This compendium is a compilation of warm-up and daily routines that I have picked up and created over the years. Some exercises and programmes are made for very young and less skilled players and some for advanced students and professionals.

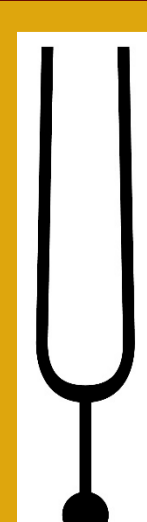
The compendium includes ideas for individual and group warm-up as well as warming up basics focusing on flexibility, articulation, scales, range building and sound.

Highlights

- **Scales and arpeggios** –should always be a part of trombone players daily routine no matter the level of the player.
- **Mouthpiece buzzing** - playing the mouthpiece is a great bridge between singing and the instrument (works great in the car BTW.....).
- **Articulation** - a great tester of your air flow – especially multiple tonguing.
- **Breath control** –the ability to play from the softest ppp to a very loud and prominent fff is essential; remember this exercise in our daily drills. Don't get bored.
- **Fun with glissandos** – glissandos are very easy to do on a trombone - but it is also a brilliant tool for getting a consistent airflow!
- **Range extension** - focus on the instruments range. Play from your lowest note to your highest. Remember to challenge the low and the high register every day.

Examples

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Det Jyske
Musikkonservatorium
The Royal Academy
of Music

More information at [this RAMA website](#)



Skovgaardsgade 2C
DK-8000 Aarhus C
DENMARK

www.musikkons.dk